



Association for Safe International Road Travel

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Travel Safe, Travel Smart

Understand Road Regulations and "Road Culture"

- Learn basic road rules and signs.
- Be aware of unwritten road conventions.
- Learn attitudes and compliance of local population to road regulations.
- Avoid night road travel in countries with poor safety records and/or mountainous terrain.
- Obtain name of competent physician and medical facility in locale you are visiting.

Walk Safe

- Be aware of traffic patterns.
- Be alert to reckless driver behaviors.
- Wear reflective clothing at night, bright clothing by day.
- Avoid walking where you cannot be easily seen.
- Be alert at intersections in countries where traffic pattern differs from your own.
- When walking on the road, face oncoming traffic.

Ride Safe

- Avoid overcrowded, overweight and top-heavy buses, minivans and taxis.
- Be cautious when boarding or disembarking in countries where buses routinely load and unload passengers in the middle of the road.
- Be alert for reckless driving.
- Insist that driver be responsible. Be prepared to disembark at first safe opportunity.
- Avoid riding with drivers who seem to be fatigued, distracted, or under the influence of alcohol or medication.
- Ride only in the back seat of taxis and minivans with functional seat-belts.
- Avoid hitchhiking.

Drive Safe

- Check to be sure vehicle meets basic safety standards.
- Check tires (tread and pressure), headlights, wipers, brakes.
- Get information about local highway hazards, customs, driving conditions, etc.
- Familiarize yourself with controls on auto before driving.
- Locate lights, hazard lights, windshield wipers and turn signals.
- Avoid motorcycle, scooter and moped travel. Insist on a regulation helmet or bring your own.
- When inexperienced with driving on opposite side of the road, obtain supervised driver training and affix an unobtrusive visual reminder.
- Do not use cell phone while driving.

Choose the safest form of transportation in each country.

- Before traveling, contact ASIRT for country specific road safety information.



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Sample Road Safety Statements for Student Contracts

1. Read all the preparatory information regarding road travel in the destination country, potential risks and global road travel safety techniques provided.
2. Understand and follow the road regulations of the destination country and the rules governing pedestrians, passengers and drivers.
3. Participate in global road safety training through on-campus student orientation when provided.
4. Help others in my program to make informed road travel choices when possible and appropriate.
5. Participate in site-specific road travel/safety training upon arrival in host country when provided.
6. Understand and apply global road safety training to road travel abroad.
7. Become familiar with the public transportation systems and options in the country I am visiting.
8. Understand some of the potential risks that may arise during road travel.
9. Apply the road safety skills I have acquired during independent, off-site travel.
10. Apply the road safety skills to anticipate and prevent potential road travel difficulties.
11. Involve family/caregivers/guardians in road travel safety preparation.
12. Contact the program coordinator immediately in a situation I consider potentially unsafe.
13. Avoid behaviors which will place me at risk during road travel including hitchhiking, consuming alcohol, using illegal drugs, acting disrespectfully or inappropriately on public transportation, driving (especially without necessary documentation or driving recklessly).
14. Contact the on-site program representative if I become aware of unsafe program-related road safety issues.