



### **Pedestrian Walking Safety Tips**

- Wear reflective gear (vests, backpacks, sneakers, armbands, and zipper pulls). Carry or wear a flashlight at night.
- If there is no sidewalk, walk facing traffic and as far from traffic as possible.
- Keep your eyes and ears on the road at all times, and don't be distracted by cell phones and other electronic devices.
- Be aware that alcohol impairs vision, reflexes and judgment.
- Cross streets at crosswalks or intersections where available, otherwise locate a well-lit area where you have the best view of traffic.
- Never assume that a driver sees you. Make eye contact with drivers as they approach to make sure that you are seen.

### **Driving Safety Tips**

- Look for pedestrians everywhere, at all times. Pedestrians may appear suddenly, and you need time to stop.
- Yield to pedestrians in crosswalks and stop well back from the crosswalk.
- Make eye contact with pedestrians to signal they can cross.
- Never pass vehicles stopped at a crosswalk.
- Keep alert at all times, keep your eyes on the road, and don't use your phone, even hands-free.
- Do not drink and drive. Follow the speed limit.
- Use extra caution when driving in hard-to-see conditions, including night, bad weather or parking lots.
- Observe the laws pertaining to stopping for school buses.

### **ASIRT's mission**

The Association for Safe International Road Travel (ASIRT) is a non-profit, non-governmental organization that improves the personal safety of travelers on the roads.