



ASIRT Lite Summer Travel Series

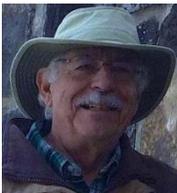
Virtual Visit to Kenya

[Register](#) for a zoom session to explore this fascinating destination.

August 6, 7:30 pm EST: Kenya with Dr. David Silverstein, Channa Commanday, a nurse practitioner, and ASIRT-Kenya Executive Director Bright Awaya



Channa Commanday, RN, FNP is an American family nurse practitioner living in Kenya, where both she and her husband Dr. David Silverstein are citizens and long-term residents. Her professional work has been extensive in emergency medical services in the U.S. and internationally. Her current interests and preoccupations have her farming in the Great Rift Valley of Kenya where she and David thrive with their cows and chickens providing milk and eggs, grow organic vegetables and take long walks in the bush. Their four boys, raised between their home in Nairobi and the farm in the bush, are grown and live in the U.S.



David M. Silverstein, MD, FACC, FACP is an American cardiologist. He is a graduate of the University of Chicago Medical School and completed his internal medicine residency and cardiology fellowship at the University of Washington. He came to Kenya in 1974 to teach at the University of Nairobi as a lecturer and then senior lecturer, fell in love with the country and never left. He served as the chief cardiothoracic physician for the government of Kenya, setting up the first cardiac catheterization lab in Sub-Saharan Africa. He joined the private sector at Nairobi Hospital in 1981. David has received numerous accolades for his medical contributions and leadership, including the Order of the Burning Spear, presented by his patient, the former President of Kenya H.E. Daniel Arap Moi. Currently, David is writing his memoirs.

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Bright Oywaya is a former banker and counseling psychologist. She is currently the Executive Director of ASIRT-Kenya and is also a board member of the National Transport and Safety Authority (NTSA) and the International Road Victims Partnership (IRVP) and a Trustee of the Association for the Physically Disabled of Kenya (APDK). Bright has been advocating for issues relating to road safety since 1997 when she was involved in a road crash. She advocates for transport issues both at national and global levels, including the inclusion of transport and safety in the Sustainable Development Goals. She is a highly respected and internationally known spokesperson for road safety.

[Book Kenya](#)

The Series is **free** to attend, but your donation will enable ASIRT to continue its mission to help improve road safety for pedestrians, cyclists, motorists and passengers in the U.S. and abroad. Please donate at asirt.org/donate .

Contact asirt@asirt.org or 240-249-0100 for more information.