



## Travel Safe, Travel Smart

### Understand Road Regulations and "Road Culture"

- Learn basic road rules and signs.
- Be aware of unwritten road conventions.
- Learn attitudes and compliance of local population to road regulations.
- Avoid night road travel in countries with poor safety records and/or mountainous terrain.
- Obtain name of competent physician and medical facility in locale you are visiting.

### Walk Safe

- Be aware of traffic patterns.
- Be alert to reckless driver behaviors.
- Wear reflective clothing at night, bright clothing by day.
- Avoid walking where you cannot be easily seen.
- Be alert at intersections in countries where traffic pattern differs from your own.
- When walking on the road, face oncoming traffic.

### Ride Safe

- Avoid overcrowded, overweight and top-heavy buses, minivans and taxis.
- Be cautious when boarding or disembarking in countries where buses routinely load and unload passengers in the middle of the road.
- Be alert for reckless driving.
- Insist that driver be responsible. Be prepared to disembark at first safe opportunity.
- Avoid riding with drivers who seem to be fatigued, distracted, or under the influence of alcohol or medication.
- Ride only in the back seat of taxis and minivans with functional seat-belts.
- Avoid hitchhiking.

### Drive Safe

- Check to be sure vehicle meets basic safety standards.
- Check tires (tread and pressure), headlights, wipers, brakes.
- Get information about local highway hazards, customs, driving conditions, etc.
- Familiarize yourself with controls on auto before driving.
- Locate lights, hazard lights, windshield wipers and turn signals.
- Avoid motorcycle, scooter and moped travel. Insist on a regulation helmet or bring your own.
- When inexperienced with driving on opposite side of the road, obtain supervised driver training and affix an unobtrusive visual reminder.
- Do not use cell phone while driving.

### Choose the Safest Form of Transportation in Each Country

- Before traveling, contact ASIRT for country specific road safety information.